

Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items -- Graham Crackers <i>Carbs: 11</i> * Wheat --- Fortune Cookies-Commercial <i>Carbs: 16</i> * Soybeans, Wheat --- --- Entrees --- Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Veggie, Garden Salad MS/HS <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Beef Stir Fry HS <i>Carbs: 30</i> * Soybeans --- Spicy Chicken Patty HS <i>Carbs: 38</i> * Soybeans, Wheat --- --- Sides --- ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP <i>Carbs: 46</i> --- Apples, Golden Delicious, 125-138 Count, Whole <i>Carbs: 18</i> ---	--- Entrees --- Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Hot Turkey Sandwich ES/MS <i>Carbs: 60</i> * Milk, Soybeans, Wheat --- Cheese Hoagie MS/HS <i>Carbs: 43</i> * Soybeans, Wheat --- Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 49</i> * Soybeans, Wheat --- Veggie, Garden Salad MS/HS <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Spicy Chicken Patty HS <i>Carbs: 38</i> * Soybeans, Wheat --- --- Sides --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> --- BEAN, GREEN CUT FROZEN TWP <i>Carbs: 7</i> --- Apples, Golden Delicious, 125-138 Count, Whole <i>Carbs: 18</i> ---	-- Snack Items -- Graham Crackers <i>Carbs: 11</i> * Wheat --- --- Entrees --- Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat --- Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Pizza, BIG DADDY'S™ Bold Cheese (8 slices) <i>Carbs: 43</i> * Milk, Soybeans, Wheat --- Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Veggie, Garden Salad MS/HS <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Spicy Chicken Patty HS <i>Carbs: 38</i> * Soybeans, Wheat --- Tuna Salad Croissant Sandwich <i>Carbs: 37</i> * Fish, Soybeans, Eggs, Wheat --- --- Sides --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> --- Carrot Sticks w/ Dip HS <i>Carbs: 14</i> * Milk, Eggs ---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk --- Milk, Strawberry, Fat Free <i>Carbs: 34</i> --- Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk --- Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---

Stir Fry Vegetables TWP Carbs: 8 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Romaine Boats Carbs: 20 * Wheat ---
Carrots and Cucumbers HS Carbs: 7 * Milk, Eggs ---	Mashed Sweet Potatoes HS Carbs: 57 ---	Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 32 ---
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---
Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	PEACH, SLICED IN LIGHT-SYRUP CANNED TWP Carbs: 40 ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---
RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 ---		

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items --	--- Entrees ---	-- Snack Items --	--- Entrees ---	-- Snack Items --	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Campbell's Classic Condensed Tomato Soup TWP Carbs: 29 * Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Graham Crackers Carbs: 11 * Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Graham Crackers Carbs: 11 * Wheat	Milk, Strawberry, Fat Free Carbs: 34
--- Entrees ---	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	--- Entrees ---	Peanut Butter Munchable HS Carbs: 78 * Milk, Peanuts, Wheat	--- Entrees ---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Chicken Patty Carbs: 39 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 27 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Stuffed Crust Whole Grain Cheese, 4.84 oz, CN Carbs: 35 * Milk, Soybeans, Wheat	
Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat		Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 27 * Soybeans, Wheat	
Grilled Cheese Carbs: 28 * Milk, Soybeans, Wheat	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Breakfast Croissant Sandwich Carbs: 35 * Milk, Soybeans, Wheat	Chicken Fajitas with Peppers & Onions Carbs: 45 * Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	
Cheeseburger Carbs: 27 * Soybeans, Wheat	Peanut Butter Munchable HS Carbs: 78 * Milk, Peanuts, Wheat	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Peanut Butter Munchable HS Carbs: 78 * Milk, Peanuts, Wheat	
Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Tuna Salad Croissant Sandwich Carbs: 37 * Fish, Soybeans, Eggs, Wheat	
Peanut Butter Munchable HS Carbs: 78 * Milk, Peanuts, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	
Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	TWP Chicken Sandwich (Honey Sriracha) Carbs: 49 * Soybeans, Wheat	Peanut Butter Munchable HS Carbs: 78 * Milk, Peanuts, Wheat	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	
Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	--- Sides ---	--- Sides ---	--- Sides ---	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	
Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	Romaine Boats Carbs: 20 * Wheat	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18	Sour Cream & Salsa Carbs: 5 * Milk	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	
	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27		Bell Pepper Strips w/ Dip Carbs: 5 * Milk, Eggs		

<p>--- Sides ---</p> <p>PEACH, SLICED IN LIGHT-SYRUP CANNED TWP Carbs: 40</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p> <p>Carrots & Celery Carbs: 8</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>Goldfish Pretzel Crackers WG SS .75 oz TWP Carbs: 16 * Milk, Wheat</p> <p>---</p> <p>Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27</p> <p>---</p>	<p>PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 44</p> <p>---</p> <p>Roasted Potatoes Carbs: 40</p> <p>---</p> <p>Carrots and Cucumbers HS Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p>	<p>Baked Apples Carbs: 19 * Soybeans</p> <p>Apple Slice, Unsweetened, Canned</p> <p>---</p> <p>POTATO, HASH BROWN PATTY ROUND 1.27 OZ PAR FZN TWP Carbs: 30</p> <p>---</p> <p>JUICE, ORANGE 100% SS CUP FROZEN TWP Carbs: 13</p> <p>---</p> <p>Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p>	<p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>Black Bean and Corn Salad Carbs: 37</p> <p>---</p> <p>Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 32</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p> <p>Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27</p> <p>---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p>	<p>--- Sides ---</p> <p>Zee Zees Applesauce Cup, Original, Unsweetened, 4.5 oz. TWP Carbs: 14</p> <p>---</p> <p>Cherry Tomato Cup Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>Cranapple Spinach Salad HS Carbs: 39 * Wheat</p> <p>Spinach, Leaves, Fresh</p> <p>---</p> <p>ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23</p> <p>---</p> <p>Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p>
---	--	--	--	--

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items --	-- Snack Items --	--- Entrees ---	-- Snack Items --	--- Entrees ---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
SAUCE, MARINARA TOMATO CAN TWP Carbs: 9	Sour Cream& Salsa Carbs: 5 * Milk	Chicken Patty Carbs: 39 * Soybeans, Wheat	Fortune Cookies- Commercial Carbs: 16 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	
--- Entrees ---	CRACKER, GRAHAM CINNAMON WHOLE GRAIN DOG BONE SHAPED SS BAG Carbs: 21 * Soybeans, Wheat	CHICKEN, 8 PIECE 80 COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE * Milk, Soybeans	--- Entrees ---	Pizza, BIG DADDY'S™ Bold Cheese (8 slices) Carbs: 43 * Milk, Soybeans, Wheat	Milk, Strawberry, Fat Free Carbs: 34
Chicken Patty Carbs: 39 * Soybeans, Wheat	--- Entrees ---	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	General's Chicken HS Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Breaded Cheese Sticks RED SOD WG TWP Carbs: 44 * Milk, Wheat	Loaded Tot-Chos Carbs: 72 * Milk	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat		
Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	
Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	
Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat	
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat	--- Sides ---	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	
Italian Hoagie MS/HS Carbs: 49 * Soybeans, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18	Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	Tuna Salad Croissant Sandwich Carbs: 37 * Fish, Soybeans, Eggs, Wheat	
Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat	Cheese Hoagie MS/HS Carbs: 43 * Soybeans, Wheat	Bread Sticks, WGR 8" Unslice RedSod Parbaked Frozen Carbs: 25 * Milk, Soybeans, Eggs, Wheat	--- Sides ---	--- Sides ---	
--- Sides ---	--- Sides ---	POTATO, MASHED SKINLESS WHITE TFF BOIL IN BAG REF Carbs: 19 * Milk	BROCCOLI, FRESH Carbs: 6	Oranges, Fresh, 138 Count, Whole Carbs: 14	
PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 44	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27		RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	ON TOP ORIGINAL WHIPPED TOPPING Carbs: 2 * Milk	

Cucumber and Tomato Salad HS Carbs: 7 ---	Carrots & Celery Carbs: 8 ---	Candied Carrots Carbs: 24 * Soybeans ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Jell-O Lime Gelatin Dessert Mix, 3 oz. Box Carbs: 19 ---
Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	Cucumbers w/ Dip HS Carbs: 5 * Milk, Eggs ---	Bell Pepper Strips w/ Dip Carbs: 5 * Milk, Eggs ---	Apricots, Canned, Light Syrup Pack TWP Carbs: 42 ---
Campbell's Classic Condensed Tomato Soup TWP Carbs: 29 * Wheat ---	PEACH, SLICED IN LIGHT-SYRUP CANNED TWP Carbs: 40 ---	Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 32 ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	USF6124523 Carbs: 3 * Milk, Eggs ---
Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 46 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---
Italian Green Beans HS Carbs: 6 ---		Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Cucumber Slices Carbs: 2 ---
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---			EDAMAME, SOYBEAN WHOLE FZN TWP Carbs: 3 * Soybeans ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---
				Romaine Boats Carbs: 20 * Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
<p>--- Entrees ---</p> <p>Chicken Patty Carbs: 39 * Soybeans, Wheat</p> <p>---</p> <p>Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat</p> <p>---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat</p> <p>---</p> <p>Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Egg, Sausage, Cheese on a Bagel MS/HS Carbs: 2</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>JUICE, ORANGE 100% SS CUP FROZEN TWP Carbs: 13</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p>	<p>--- Entrees ---</p> <p>Chicken Patty Carbs: 39 * Soybeans, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Mrs. Budd's Chicken Sandwich Carbs: 39 * Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27</p> <p>---</p> <p>BEAN, GREEN CUT FROZEN TWP Carbs: 7</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p>	<p>--- Entrees ---</p> <p>Chicken Patty Carbs: 39 * Soybeans, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Hot Ham and Cheese on a Pretzel Bun Carbs: 37 * Wheat</p> <p>---</p> <p>Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Carrots and Cucumbers HS Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18</p> <p>---</p> <p>Romaine Boats Carbs: 20 * Wheat</p> <p>---</p>	<p>-- Snack Items --</p> <p>Fortune Cookies-Commercial Carbs: 16 * Soybeans, Wheat</p> <p>---</p> <p>Stir Fry Vegetables TWP Carbs: 8</p> <p>---</p> <p>--- Entrees ---</p> <p>Chicken Patty Carbs: 39 * Soybeans, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Beef Stir Fry HS Carbs: 30 * Soybeans</p> <p>---</p> <p>Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p>	<p>--- Entrees ---</p> <p>Chicken Patty Carbs: 39 * Soybeans, Wheat</p> <p>---</p> <p>Stuffed Crust Whole Grain Cheese, 4.84 oz, CN Carbs: 35 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat</p> <p>---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat</p> <p>---</p> <p>Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat</p> <p>---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Veggie, Garden Salad MS/HS Carbs: 50 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>Spicy Chicken Patty HS Carbs: 38 * Soybeans, Wheat</p> <p>---</p> <p>Tuna Salad Croissant Sandwich Carbs: 37 * Fish, Soybeans, Eggs, Wheat</p> <p>---</p> <p>--- Sides ---</p> <p>Oranges, Fresh, 138 Count, Whole Carbs: 14</p> <p>---</p> <p>Cranapple Spinach Salad HS Carbs: 39 * Wheat</p> <p>---</p>	<p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p>

Baked Apples Carbs: 19 * Soybeans	Roasted Potatoes Carbs: 40	POTATO, FRENCH- FRY SWEET 7/16" CRINKLE-CUT XLONG FZN TWP Carbs: 46	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 46	Spinach, Leaves, Fresh
Apple Slice, Unsweetened, Canned	Strawberries with Whipped Topping Carbs: 15 * Milk	PEACH, DICED IN PEAR JUICE CANNED TWP Carbs: 32	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18	Carrot Sticks w/ Dip HS Carbs: 14 * Milk, Eggs
POTATO, HASH BROWN PATTY ROUND 1.27 OZ PAR FZN TWP Carbs: 30	Carrots and Cucumbers HS Carbs: 7 * Milk, Eggs	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18
Apricots, Canned, Light Syrup Pack TWP Carbs: 21			EDAMAME, SOYBEAN WHOLE FZN TWP Carbs: 6 * Soybeans	Zee Zees Applesauce Cup, Original, Unsweetened, 4.5 oz. TWP Carbs: 14
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27				

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items -- Bread Sticks, WGR 8" Unsliced RedSod Parbaked Frozen <i>Carbs: 25</i> * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat --- Spicy Chicken Patty HS <i>Carbs: 38</i> * Soybeans, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat --- Veggie, Garden Salad MS/HS <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat --- Nachos Bell Grande (w/ beef crumbles) <i>Carbs: 7</i> * Soybeans, Wheat --- Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat --- --- Sides --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Apples, Golden Delicious, 125-138 Count, Whole <i>Carbs: 18</i> --- Cherry Tomato Cup <i>Carbs: 7</i> * Milk, Eggs ---	-- Snack Items -- Bread Sticks, WGR 8" Unsliced RedSod Parbaked Frozen <i>Carbs: 25</i> * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Buffalo Chicken Cheese Steak <i>Carbs: 40</i> * Milk, Soybeans, Eggs, Wheat --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat --- Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Veggie, Garden Salad MS/HS <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Spicy Chicken Patty HS <i>Carbs: 38</i> * Soybeans, Wheat --- --- Sides --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> --- Carrots and Cucumbers HS <i>Carbs: 7</i> * Milk, Eggs --- Apples, Golden Delicious, 125-138 Count, Whole <i>Carbs: 18</i> ---	--- Entrees --- Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat --- Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat --- Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat --- Veggie, Garden Salad MS/HS <i>Carbs: 50</i> * Milk, Soybeans, Eggs, Wheat --- Tuna Salad Croissant Sandwich <i>Carbs: 37</i> * Fish, Soybeans, Eggs, Wheat --- Spicy Chicken Patty HS <i>Carbs: 38</i> * Soybeans, Wheat --- --- Sides --- Bell Pepper Strips w/ Dip <i>Carbs: 5</i> * Milk, Eggs ---	--- Milk --- Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk --- Milk, Strawberry, Fat Free <i>Carbs: 34</i> --- Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk --- Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk ---

Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Candied Carrots Carbs: 24 * Soybeans ---	POTATO, FRENCH- FRY SWEET 7/16" CRINKLE-CUT XLONG FZN TWP Carbs: 46 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---
Roasted Broccoli Carbs: 8 ---	USDA Refried Beans HS Carbs: 41 ---	BEAN, GREEN CUT FROZEN TWP Carbs: 5 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 46 ---
Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 32 ---	Sour Cream & Salsa Carbs: 5 * Milk ---	POTATO, MASHED SKINLESS WHITE TFF BOIL IN BAG REF Carbs: 19 * Milk ---	Romaine Boats Carbs: 20 * Wheat ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---
Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 44 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Strawberries with Whipped Topping Carbs: 15 * Milk ---	Romaine Boats Carbs: 20 * Wheat ---
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---		Oranges, Fresh, 138 Count, Whole Carbs: 14 ---		Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---
Cucumber and Tomato Salad HS Carbs: 7 ---		PEACH, DICED IN PEAR JUICE CANNED TWP Carbs: 32 ---		